



## Schedule of Events

### Friday, September 14<sup>th</sup>

- 3:00 pm to 4:00 pm **Yoga Therapeutics** - this alignment based practice will unwind the imbalances associated with cycling biomechanics and posture.
- 5:00 pm to 7:00 pm **Northstar Village Wine Walk** - After a fun day of riding, wind down with the Wine Walk in Northstar Village from 5pm to 7pm. Tickets include a variety of wines, light snacks, live music and even a complimentary commemorative wine glass.  
\*Check-in is at the Season Pass and Tickets Office in the Village. All participants must be 21, and show a valid I.D.

### Saturday, September 15<sup>th</sup>

- 8:00 am to 9:00 am **Yoga Strength, Mobility, & Balance** - Strength, Mobility, and Balance - a full body and mind yoga practice to support and enhance your performance and love of riding your bike.
- 9:00am to 5:00 pm **Boogaloo Race** – The Boogaloo is a Class 1 Electric Mountain Bike Race (eMTB). The race event will be held on a course at Mid Mountain at Northstar California's Bike Park specifically designed for eMTB racers. Expect a variety of terrain that will take you and your eMTB to the limits of what you thought possible on two wheels.  
**Boogaloo Race Schedule:**
- Race Registration – 9:00 am - Participants will pick-up their race plate and bib at registration and head out to the eMTB demo zone and have the opportunity to try a range of Class 1 eMTB's from top vendors. When the participant finds the bike they love – they will zip tie their plate to the bike and that denotes "their" bike for Saturday's race.
  - eMTB Demo Zone – 10:00 am to 5:00 pm
  - Boogaloo eMTB Race – 3:00 pm to 5:00 pm
- 9:00 am to 5:00 pm **Vendor Festival with Bike Demo** - Test out the latest products and technology on the exact terrain it was designed for with lift access to Northstar's world-class trails

all day long. Demos are available for consumers, retailers and those who like bikes as much as we do from 9 a.m. to 5 p.m.

- 11:00 am to 12:00 pm **Yoga Therapeutics** - this alignment based practice will unwind the imbalances associated with cycling biomechanics and posture.
- 3:00 pm to 4:00 pm **Yoga Recovery**- utilizing the support of Yin Yoga with long-held, deep, passive stretch, this meditative practice will restore balance to your body and mind.
- 5:00 pm to 7:00 pm **Northstar Village Pub Crawl** - With each location's favorite drink ready and waiting for you to sample upon arrival, the Village Pub Crawl will give you a taste of all the best cocktails, wine and seasonal beers Northstar has to offer.  
\*Check-in is at the Season Pass and Tickets Office in the Village. All participants must be 21, and show a valid I.D.
- 7:00 pm to 9:00 pm **Bike Movie Premiere** – Red Bull North of Nightfall movie premiere at the Beach in the Village at Northstar.
- 6:00 pm to 9:00 pm **The High Fives Gala** - Join Peter Stetina, Levi Leipheimer, Marco Sullivan and friends for a fine dining experience and fundraiser for the High Fives Foundation at Northstar California's Zephyr Lodge on Saturday evening, September 15th.

## **Sunday, September 16<sup>th</sup>**

- 6:30 am – 5:00 pm **Sierra Prospect Road Rally** - Join Peter Stetina on a journey to Nevada's arid desert and back from the crystal waters of Lake Tahoe with a Road Rally of timed segments brought to you by the creators of Levi's GranFondo. There are two routes to choose from (The Express: 40 miles, and the Intrepid: 98 miles), which start and finish at Northstar, are equipped with plenty of aid stations, and feature one breathtaking vista after another along the way.
- Sierra Prospect Schedule**
- 6:30 am - 8:00 am Packet pickup
  - 8:00 am - Road Rally, mass-start
  - 11:00 am - Festival opens
  - 4:30 pm - Awards Ceremony on the Overlook
- 8:00 am to 9:00 am **Yoga Strength, Mobility, & Balance** - Strength, Mobility, and Balance - a full body and mind yoga practice to support and enhance your performance and love of riding your bike.
- 9:00 am to 5:00 pm **Northstar Downhill Race** - With 20 adrenaline-ready divisions for men, women and juniors, this isn't your average Sunday ride. For those watching, don't blink or you might miss the action as riders rip by you down the mountain; and for those riding, good luck and enjoy the ride as you race down Northstar's world-class terrain featuring conditions that are fit for the big event.

### **Northstar Downhill Race Schedule**

- Practice-By Category Day of Race

- 9:30 am – 10:00 am: Open Practice
- 10:00 am-11:00 am: Pro/Cat 1 Men & Women:
- 11:00 am-12:00 pm: Cat 2/3/Challenged Athlete Men & Women
- 12:15 pm - Mandatory Riders meeting will be held at the top of the course at 12:15pm.
- Race starts at 12:30pm
  - Race Start-Race order will be Pro/Cat 1/Cat 2/Cat 3/Challenged Athletes.
- 11:00 am - Start List will be posted on Live-timing.com.
- 4:30 pm - Awards start at 4:30pm on the Lodge at Big Spring's Deck

9:00 am to 5:00 pm

**Vendor Festival with Bike Demo** - Test out the latest products and technology on the exact terrain it was designed for with lift access to Northstar's world-class trails all day long. Demos are available for consumers, retailers and those who like bikes as much as we do from 9 a.m. to 5 p.m.

10:00 am to 4:00pm

**Boogaloo eMTB Demo Zone** – eMTB Demo Zone.

11:00 am to 12:00 pm

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north lake tahoe